

Food Packages



Monthly WIC food packages are based on the nutritional needs of the family members enrolled. Your benefits may change depending on the age of your children and your specific circumstances (pregnant, postpartum breastfeeding, postpartum not breastfeeding).

Your family will receive a Connecticut "eWIC" card that has your monthly benefits loaded onto it to be used at the grocery store like a debit card. This card is directly linked to your WIC benefits account. Your benefits are provided monthly and will **not roll over** if not used. All benefits must be used by midnight on the benefits end date.

At the bottom of this page, you will find guides on approved foods and using your eWIC benefits card

Farmers Market Flyer WIC provides monthly benefits to purchase fruits and vegetables directly from Farmers at the Danbury Farmers Market

CITYCENTER DANBURY



COMMUNITY COLLABORATIVE

Double your
SNAP money
&
FMNP
WIC & Seniors

Use your
Debit/Credit
Card!

Free bus
passes from
the market

Live
Music

Nutrition,
Health &
Fitness
Activities



CityCenter Danbury Farmers' Market



Saturdays June 24th to October 28th

Danbury CityCenter Green

10:00am - 2:00pm

Complimentary Parking at the Patriot Garage

Better Food for Better Health !



Follow us @ danburyfarmersmarket



#danburyfarmersmarket

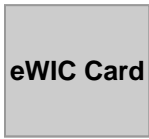


CONNECTICUT
FRESH MATCH

For more info call 203-792-1711 or visit www.danburyfarmersmarket.org

Funding provided, in part, by the Connecticut Department of Agriculture through the Community Investment Act.

For More Information About WIC Food Benefits, Click Here



eWIC Card Information 784.64 KB

Información de la Tarjeta de eWIC 804.48 KB

WIC Approved Food Guide

WIC de Connecticut: Guía de Alimentos 8.53 MB

Connecticut WIC: Food Guide 50.41 MB

Connecticut WIC: Guia Alimentar 65.58 MB