

Newtown Middle School - SBHC

- Medicine
- Behavioral Health



CIFC Health

NMS SCHOOL BASED HEALTH CENTER TEAM



Nurse Practitioner: Ariel Belek, APRN-BC, FNP

Ariel Belek APRN graduated from the University of Saint Joseph in West Hartford CT with her RN in 2012. She's worked in several settings including medical surgical floor, detox, and intensive care. After 5 years in the intensive care unit, she completed her master's degree specializing in Family Practice from the University of Saint Joseph in 2019. She has been a member of the international nursing honors society sigma theta tau since 2012 and received the Florence nightingale award from the University of Saint Joseph in 2019. She works at the school-based clinic at Newtown Middle School and at Connecticut Institute for Communities pediatric department in Danbury CT. She is passionate about pediatric medicine and is excited to engage with students in the school setting to help promote wellness.

Clinical Social Worker: Samantha Taurozzi, LCSW

Sam Taurozzi obtained her MSW at Monmouth University in 2019 and has been working with adolescents ever since! Sam has experience in individual and family counseling in a therapeutic boarding school setting and more recently, group work at an intensive outpatient level of care. Sam understands the varying challenges associated with adolescents and wants to be a support to those in need. Sam is well versed in Cognitive behavioral therapy (CBT) and is certified in Positive Parenting Program (Triple P). Outside of work, Sam enjoys spending time out in nature and is a huge animal lover. Sam believes therapy can look different for everyone and is determined to provide everyone with a safe space to explore and problem- solve real issues.



Medical Office Assistant: Nancy Kettner

Nancy joined Connecticut Institute For Communities as the Medical Office Assistant at the Newtown Middle School, School Health Based Center (SBHC) in January 2016. She is the first person the Newtown Middle School students meet when they come to the SBHC. She has

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